

Presentation to Senate Finance Committee on Medicaid Cost Saving Proposals for Managed Care

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Summary of Medicaid Managed Care Cost Reduction Proposals (in millions)

	SFC Medicaid Cost Reduction Proposals for Managed Care	Total GR	Total All Funds
78	MCO Expansion – Urban and Contiguous Counties	\$ 34.7	\$ 58.6
79	MCO Expansion – South Texas	\$ 290.0	\$ 674.0
80	Managed Care Expansion into Rural Areas of Texas	\$ 61.2	\$ 92.8
81	Capitate Dental Services	\$ 101.6	\$ 176.0
82	STAR+PLUS Hospital Carve-in	\$ 28.9	\$ 58.8
83	Administrative Cost/Savings from 6 Managed Care Expansion Initiatives	\$ 29.5	\$ 59.8
84	Medical Transportation – Carve-in to Managed Care	\$ 14.7	\$ 31.3
85	Federal Waiver for Medical Transportation Services	\$ 10.4	\$ 0.0
86	Medical Transportation Program Pilot	\$ 6.0	\$ 14.1
87	Medical Transportation Rate Reduction from Rider 59, 81 st Legislature	\$ 5.4	\$ 12.9
88	Statewide Full-risk Broker for the Medical Transportation Program	\$ 14.4	\$ 30.6



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89	Implement an Exclusive Provider Organization (EPO) in Central Texas		
90	Reduce HMO Administrative Payment by 1%	\$ 5.5	\$ 13.5
91	Reduce HMO Administrative Payment by 2%	\$11.0	\$27.0
92	Enhance Caps that Limit the Amount of Premium that Managed Care Providers can Utilize for Administrative Costs		
93	Managed Care Reimbursement for Birth Outcomes		
94	Carve-in Nursing Facilities into STAR+PLUS	\$ 0.6	\$ 0.6
95	Limit the Capitation Payment to HMOs to the Lowest Statewide Rate	\$ 742.7	\$ 1,888.6
96	Adjust HMO Premiums to the Average Spending Per Acuity Group	\$ 169.3	\$ 437.0
97	Capitate Medicaid Wrap Services for Medicaid/Medicare Eligibles in Medicare Advantage Plans	\$ 1.1	\$ 2.3
98	Pursue Medicare/Medicaid Waiver		
99	STAR+PLUS Placement of Members to Nursing Facilities		



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100	Opt-out Experience and Limitations: Assumes Mandating Children with Disabilities into Managed Care	\$ 6.1	\$ 14.4
101	Faster Automatic Enrollment of Clients into Managed	\$ 21.5	\$ 21.5
102	Reduce Capitation Rates for Dual Eligibles		
103	Reduce HMO Admin. SSI	\$ 0.0	\$ 0.0
104	Freeze Capitation Payments in FY 2012-13 to FY 2011 Rates	\$ 0.0	\$ 0.0



Medicaid Overview: Service Delivery Models

The Texas Medicaid Program provides services through different delivery models:

- Fee for Service (Traditional Medicaid)
- Managed Care:
 - Managed Care Models in Texas:
 - Primary Care Case Management (PCCM)- non capitated
 - Health Maintenance Organizations (HMO)- capitated
 - Managed Care Programs in Texas:
 - PCCM Managed care model that provides a medical home for Medicaid clients through primary care providers
 - STAR (State of Texas Access Reform) Acute Care HMO
 - STAR+PLUS Acute & Long-Term Services and Supports HMO
 - NorthSTAR Behavioral Health Care HMO
 - STAR Health Comprehensive managed care program for children in Foster Care



Managed Care vs. FFS

Managed Care	Fee-for-Service (FFS)
Provider Directory	Client has to locate willing provider
 Includes Primary Care Providers (PCPs)/ Specialists/LTSS 	
Member Handbook	Client receives a Medicaid Handbook
 Includes phone numbers for assistance, descriptions of benefits, complaints and appeal information 	
Unlimited Prescriptions for adults (non-duals)	Limited to 3 prescriptions per month for
Value-Added Services (varies by HMO)	adults
 Such as 24-hour nurse lines, additional transportation help, cell phones for high risk clients, weight loss programs, Medical Home with a PCP 	
No Inpatient Limit	30-day Inpatient Stay per Spell of Illness
Member chooses PCP or is assigned a PCP	(except for transplants)
 HMO must ensure access to physicians per contract requirements (emergency, urgent, routine care) 	No Primary Care Provider



HMO vs. PCCM

- HMO versus PCCM
 - HMO model offers improved utilization management over PCCM
 - Improved utilization achieved through HMO's patient management processes and service coordination
 - Similar service not available in PCCM
 - Premium Tax
 - Medicaid HMOs pay state premium tax



Medicaid STAR Program

- STAR is a risk-based, capitated managed care program.
- The STAR Program provides acute care services to pregnant women and low-income children and families.
- Each STAR member is enrolled in a health maintenance organization (HMO) and has a primary care provider (PCP).
 - PCP is chosen by member or assigned by state or HMO
- STAR operates under the authority of a federal 1915(b) waiver.



Medicaid STAR+PLUS Program

- STAR+PLUS is a risk-based, capitated managed care program that integrates acute and long-term services and supports (LTSS).
 - Promotes delivery of home and community-based services
- The STAR+PLUS program provides services to:
 - Aged and disabled adults who are not in institutions
 - Dual eligibles (more than half of STAR+PLUS members)
- Health maintenance organizations (HMOs) are responsible for coordinating acute and LTSS through the use of a service coordinator.
- STAR+PLUS Medicaid only members (non-dual eligibles) are assigned or choose a primary care provider.
- STAR+PLUS operates under the authority of a 1915(b) and two 1915(c) waivers.

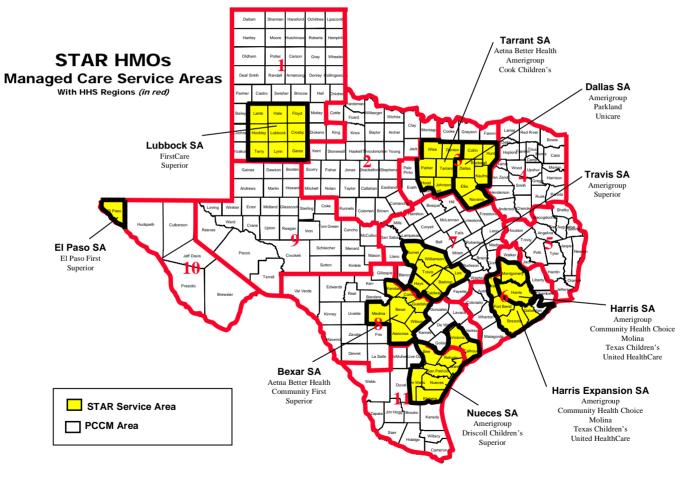


Managed Care Capitation Rates

- Capitation (or premium) rates are developed annually for each program: CHIP, STAR, STAR+PLUS and STARHealth
- Rates are based on a variety of factors, including:
 - Program
 - Risk groups
 - Cost experience of the MCOs from the previous year
 - Health burden (or acuity) of each MCO
 - Service Area



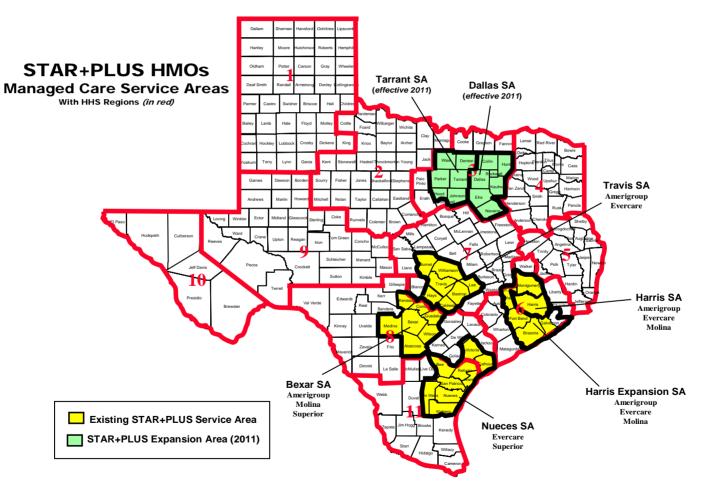
Current Geographic Distribution of STAR



HHSC, Health Plan Operations November 2009



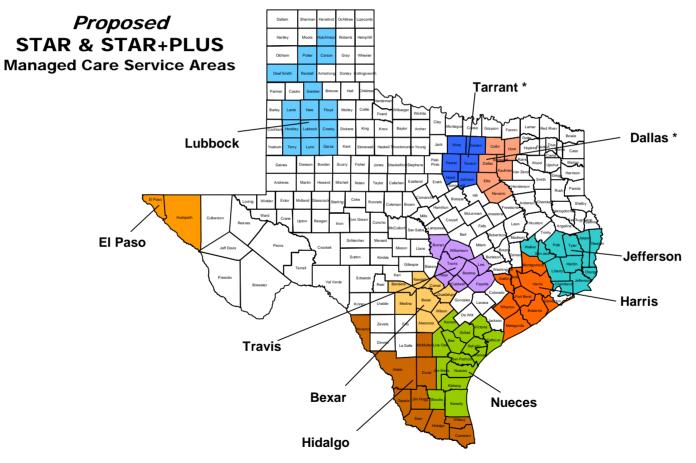
Current Geographic Distribution of STAR+PLUS



HHSC, Health Plan Operations November 2009



Proposed Geographic Distribution of Managed Care Delivery Models



HHSC, Health Plan Operations September 2010



- Expand Existing STAR and STAR+PLUS Service Delivery Areas to Contiguous Counties
- Expand STAR+PLUS to Lubbock and El Paso
- Expand STAR and STAR+PLUS to South Texas
- Convert PCCM Areas to the STAR Program model
- Carve Prescription Drugs into Managed Care
- Create a Dental Managed Care Model for Medicaid
- Include In-patient Hospital Services in STAR+PLUS



Expand Existing HMO Service Delivery Areas (SDA) to Contiguous Counties		
Effective date	September 2011	
Process	Amend Existing Contracts	
General revenue impact	\$34.7	



Expansion to Contiguous Counties for 2011		
Bexar Service (STAR and STAR+PLUS) Bandera	El Paso Service Area (STAR) Hudspeth	
Harris Service Area (STAR and STAR+PLUS) Austin Wharton Matagorda Jefferson Service Area (STAR and STAR+PLUS) Chambers Hardin Jasper Jefferson Liberty Newton Orange Polk	Lubbock Service Area (STAR) Carson Deaf Smith Hutchison Potter Randall	
	Swisher Nueces Service Area (STAR and STAR+PLUS) Brooks Goliad Karnes Kennedy Live Oak	
San Jacinto Tyler Walker	Travis Service Area (STAR and STAR+PLUS) Fayette	



Expand STAR and STAR+PLUS to South Texas (Proposed Hidalgo Service Area)		
Effective date	March 2012	
Process	Competitive Procurement	
General revenue impact	\$290 million	

Proposed		
Hidalgo Service Area Counties		
Duval	McMullen	
Hidalgo*	Starr	
Jim Hogg	Webb	
Maverick*	Willacy	
Cameron*	Zapata	

* State law currently prohibits use of Medicaid HMOs in these counties



Convert PCCM Areas to STAR Program		
(164 counties)		
Effective date	March 2012	
Process	Competitive Procurement	
General revenue impact	\$61.2 million	

Carve Prescription Drugs into Managed Care		
Effective date	March 2012	
Process	Competitive Procurement	
General revenue impact	<u>Option 1</u> – State-specified formulary \$51 million <u>Option 2</u> – MCO-specified formulary \$72.7 million	



Create a statewide Dental Managed Care Model for Medicaid		
Effective date	March 2012	
Process	Competitive Procurement	
General revenue impact	\$101.6 million	

Include Inpatient Hospital Services in STAR+PLUS		
Effective date	March 2012	
Process	Rule/Policy change	
General revenue impact	\$28.9 million	



Medicaid Managed Care Mandate and Lock-in

Medicaid Managed Care for Children with Disabilities

- Currently, children eligible for Supplemental Security Income (SSI) are voluntary enrollees in the STAR+PLUS program.
- Federal law allows states to mandate SSI children into managed care.

Enrollment Period Lock-in

- Texas allows Medicaid managed care members to change plans every six months.
- Federal law allows states to lock members into a plan for up to 12 months.

Options

- Require children with disabilities to enroll in managed care
- Change the lock-in period for managed care



Medical Transportation Program

- Medical transportation is a federally-required Medicaid service.
- HHSC administers the Medical Transportation Program (MTP) for Medicaid clients.
- MTP arranges non-emergency transportation to and from Medicaid-covered services for individuals who have no other means of transportation.
- Most MTP services receive the federal medical assistance percentage (FMAP). However, some MTP services receive the administrative match rate (50/50).
- In Fiscal Year 2010, the MTP program served 312,821 clients (215,231 were children under age 20)



Medical Transportation Program Services Provided

- MTP can offer the following services to clients
 - Arrange a free ride for curb to curb demand response service
 - Provide tickets for route transportation
 - Arrange airline transportation
 - Reimburse for mileage
- Additionally, for Medicaid, clients under 21 years of age and CSHCN clients, MTP can offer
 - Money in advance to pay for mileage reimbursement, meals and lodging
 - Contracted meals & lodging
- Services are provided through 15 public and private transportation contractors, public transportation, and individuals (parents, etc.)
- Advance funds provided, when contracted services not available



Medical Transportation Program Service Delivery Models

- The MTP Program has a full-risk broker model pilot planned for Houston/Beaumont and Dallas/Fort Worth areas. The full-risk broker will be:
 - Responsible for managing, arranging and providing MTP services
 - Paid on a pre-payment methodology (capitation) per member per month
- For the rest of the state, HHSC is responsible for transportation services reimbursed on fee for service basis
- Both models use a network of providers contracted or enlisted to ensure services are provided to eligible clients and comply with performance standards relating to *Frew vs Suehs*.



Medical Transportation Program Savings Options

Medical Transportation Options

- Federal waiver for certain medical transportation services
 - Allows FMAP for on-demand medical transportation services
 - HHSC has received federal approval to begin April 1, 2011
- Pilot full (at-risk) broker program
 - The broker would arrange, provide, and pay for all medical transportation services
 - Proposed Pilot Areas: Dallas, Fort Worth, Houston, and Beaumont areas
 - HHSC has released a request for proposals for the pilot
- Other Options
 - Expand the broker program statewide
 - Include medical transportation services in managed care